

2009 Annual Report



Mission

The mission of O’Neill Senior Center is to advocate for and provide specialized services, programs, and volunteer opportunities, which help seniors live healthy, independent, and productive lives.

In short, we help seniors be **HIP**:
Healthy, **I**ndependent, and **P**roductive.

Values

- Preserving Independence and dignity
- Care with compassion and respect
- Accountability to our stakeholders
- Safety for all



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Message from the Director

As the senior population grows and the baby boomers reach their sixties, successful senior centers have adapted their services and activities to meet new expectations. The O'Neill Center is no exception and has also recognized that continued success depends on offerings that have a wide appeal, spanning multiple generations of older adults—from age 55 to 105!

In 2009, the strategic alliance with the City of Belpre flourished and seniors in the Belpre area enjoyed many new opportunities at the Belpre Senior Center. Folks from across Washington County participated in evidence-based programs such as “Healthy U”. Fitness classes including seniorize, tai chi, yoga and even *Zumba* helped keep participants of all ages moving. Many isolated seniors felt the warmth of welcoming smiles at O'Neill's Adult Day Center. Still others received rides to the doctor and needed assistance with chores in their homes, making it possible to continue to live independently.

The economic recession of 2008-2009 rippled through the non-profit community as well. Donations and public support declined. Yet, O'Neill continued to focus on the needs of seniors, many of whom found themselves in economic trouble. Through the PAS program, seniors from all areas of the County received over \$154,000 in free prescription medications. Hundreds received assistance through the Farmer's Market coupon program and many more received knowledgeable counseling regarding their Medicare Part D choices and other important issues.

O'Neill Center is accredited by the National Institute of Senior Centers and serves as a focal point for aging services and information for seniors in Washington County. As a result, participants enjoy activities that enrich their lives, engage them in the community and empower them to reach their personal goals.



2009 Accomplishments

Day Center

- Served 62 guests
- 3,785 days of service provided; 18% increase over 2008
- 87% of guests were age 75 or above
- 44% of guests lived alone
- 57% of total units provided were funded by senior levy
- Mid Ohio Valley United Way Alliance supports this program

Seniors enjoy a day filled with fun activities, delicious meals and snacks, help with personal care, nursing oversight and the fellowship of others.

Living Assistance

- Served 93 seniors
- 6,815 hours of service provided
- 68% of those served were age 75 or above
- 77% are considered disabled
- 83% of total units provided were funded by senior levy

Cleaning, shopping, meal preparation, , laundry and running errands... all important to preserve independent living.

Information, Referral & Support Services

- Assisted 939 clients
- 3,156 inquiries were received
- 223 Medicare Part D consults completed

Seniors received knowledgeable counseling regarding their Medicare Part D choices, assistance with completing forms, enrollment in RUOK telephone reassurance program, home visits and referrals connecting seniors with the services they need.

Prescription Assistance

- 154 seniors served
- \$155,480 in free medications received for seniors in 2009
- Since program began in 2002, \$4.47M worth of free medications have been received

Many seniors find it impossible to pay for needed medications, which are essential for their health and well-being.

Transportation

- Served 166 older adults
- 6,692 one way trips were provided: 42% levy funded
- 70% of those served live alone
- 64% of those served were age 75 or above
- Logged 78,786 passenger miles; averaging 12 miles per one way trip

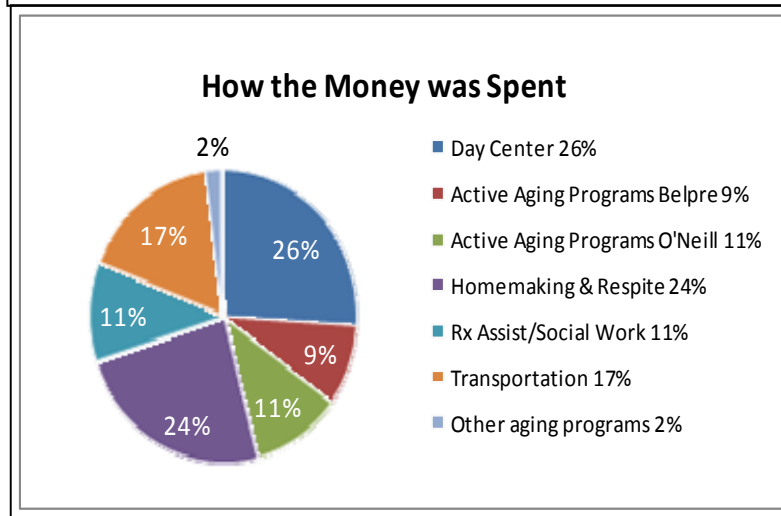
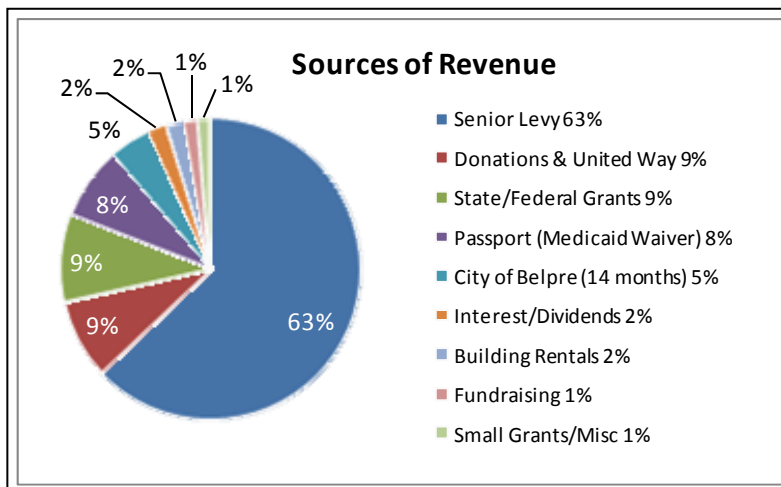


A Participating Agency

Active Aging Programs at O'Neill and Belpre

- Over 12,000 participant visits in 2009
- 1,128 unduplicated persons participated
- 3,945 visits for fitness programs
- 817 visits for health related activities
- 1,204 visits for educational programs
- Over 6,225 visits for life enrichment programs

Financial Review



2009 Budget \$955,209

Contact Info

O'Neill Senior Center, Inc.

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Belpre Senior Center

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Senior Center Staff:

Terry Zdrale, Executive Director
Connie Huntsman, Assistant Director
Dee Schott, Financial Assistant
Nancy Matheny, Activity Coordinator
Robin Collins, LSW, Social Services Coordinator
Susie Casto, Belpre Center Manager
Lisa Turner, LPN, Living Assistance & Day Center Manager
Tish Foster, Transportation Coordinator

