



# February 2018

WASHINGTON-MORGAN COMMUNITY ACTION  
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
5	Smoked Sausage Whipped Potatoes Sauerkraut Apricots Cake Bread	6	Shredded Chicken Sandwich Augratin Potatoes Candied Carrots Fruit	7	Bacon Cheeseburger Baked Beans Corn Nibbles Fruit Juice	8	Taco Salad Mandarin Oranges Refried Beans Tortilla Chips Cookie	9	Chicken Tetrzzini Peas Carrots Pineapple Bread
12	Creamed Chicken Whipped Potatoes Italian Vegetables Fruit Juice Cookie Biscuit	13	Ravioli w/ Meat Sauce Tossed Salad Peas & Onions Baked Apples Breadstick	14	Hamburger Gravy Mashed Potatoes Baby Carrots Sliced Peaches Bread	15	Baked Chicken Scalloped Potatoes Sugar Snap Peas Mandarin Oranges Cookie Bread	16	Choice of Chef Salad or Chili Cole Slaw Potato Salad Pears Corn Muffin Crackers
19	CLOSED Holiday	20	Sausage Gravy Boiled Egg Diced Potatoes Mandarin Oranges Juice Biscuit	21	Chicken Pot Pie Spinach Salad Mandarin Oranges Biscuit	22	Sloppy Joes Tater Tots Green Beans Banana Crackers	23	Macaroni & Cheese Stewed Tomatoes Capri Blend Pineapple Chunks Bread
26	Swiss Steak Mashed Potatoes Broccoli Oranges Slices Bread	27	Johnny Marzetti Tossed Salad Lima Beans Cinnamon Applesauce Breadstick	28	Soup Beans & Ham Cole Slaw Beets Apples Corn Bread				

*Subject to change due to availability*

**Call by 8:00am for daily reservation or call our 24 hour reservation line:** Marietta 740-373-3455 Layman 740-678-8597 Beverly 740-984-4475 New Matamoras 865-2448  
**All Menus served with choice of milk and bread**

**REMINDER  
HDMCLIENTS:**

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$3.00**