

May 2018

WASHINGTON-MORGAN COMMUNITY ACTION
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
|  | 1 Beef & Noodles Roasted Red Potatoes Green Beans Jello w/Fruit Bread | 3 Shredded Chicken Sandwich Au gratin Potatoes Baby Carrots Pears | 4 Ham & Cheese Sandwich Vegetable Soup Broccoli Slaw Orange Slices Muffin Bread | 4 Johnny Marzetti Italian Vegetables Cauliflower Grapes Dinner Roll |
| 7 Chicken Parmesan Tossed Salad Baked Peaches Bread | 8 Scrambled Eggs Sausage Diced Potatoes Strawberries Grape Juice Pancakes | 9 Turkey Sandwich Cottage Cheese Broccoli Soup Cucumber Tomato Salad Pineapple Crackers | 10 Baked Steak Mashed Potatoes California Blend Applesauce Vanilla Wafers Bread | 11 Lemon Pepper Chicken Rosemary Red Potatoes Stewed Tomatoes Pears Cookie Dinner Roll |
| 14 Beef Stew Spinach Salad Fruit Cup Pudding Biscuit | 15 Chicken with Country Gravy Sweet Potatoes Green Beans Mandarin Oranges Muffin Bread | 16 Ham & Bean Soup Potato Salad Cole Slaw Applesauce Corn Bread Crackers | 17 Polish Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll | 18 Chef Salad or Macaroni & Cheese Stewed Tomatoes Mixed Vegetables Apple Crisp Bread |
| 21 Chicken & Dumplings Mashed Potatoes Caesar Salad Warm Fruit Cup Bread | 22 Meatloaf Baked Potato Capri Vegetables Apple Juice Cookie Dinner Roll | 23 Baked Chicken Hash Browns Green Beans Tropical Fruit Pudding Dinner Roll | 24 Swedish Meatballs Noodles Peas Carrots Mandarin Oranges Bread | 25 Egg Salad Sandwich Potato Soup Cole Slaw Apricots Crackers |
| 28 CLOSED Holiday | 29 Sausage Gravy Boiled Egg Hash Browns Mandarin Oranges Grape Juice Biscuit | 30 Baked Ham Whipped Potatoes Baby Carrots Pineapple Cookie Bread | 31 Rigatoni Lima Beans Green Salad Warm Apples Breadstick |  |

Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455 Layman 740-678-8597 Beverly 740-984-4475 New Matamoras 865-2448 All Menus served with choice of milk and bread

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III AND LEVY CLIENTS**