







June 2018

WASHINGTON-MORGAN COMMUNITY ACTION
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Pimento Cheese Sandwich Tomato Soup Cole Slaw Fruit Cocktail Crackers
4	Pork Chop Dressing Whipped Potatoes Parmesan Brussel Sprouts Pineapple Bread	5	Beef & Noodles Roasted Red Potatoes Green Beans Jello w/Fruit Bread	6	Shredded Chicken Sandwich Augratin Potatoes Baby Carrots Pears	7	Ham & Cheese Sandwich Vegetable Soup Broccoli Slaw Orange Slices Muffin Bread	8	Johnny Marzetti Italian Vegetables Cauliflower Grapes Dinner Roll
11	Chicken Parmesan Pasta Tossed Salad Baked Peaches Bread	12	Scrambled Eggs Sausage Diced Potatoes Strawberries Grape Juice Pancakes	13	Turkey Sandwich Cottage Cheese Broccoli Soup Cucumber Tomato Salad Pineapple Crackers	14	Baked Steak Mashed Potatoes California Blend Applesauce Vanilla Wafers Bread	15	Chef Salad or Lemon Pepper Chicken Rosemary Red Potatoes Stewed Tomatoes Pears Cookie Dinner Roll
18	Beef Stew Spinach Salad Fruit Cup Pudding Biscuit	19	Chicken with Country Gravy Sweet Potatoes Green Beans Mandarin Oranges Muffin Bread	20	Ham & Bean Soup Potato Salad Cole Slaw Applesauce Corn Bread Crackers	21	Polish Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll	22	Macaroni & Cheese Stewed Tomatoes Mixed Vegetables Apple Crisp Bread
25	Chicken & Dumplings Mashed Potatoes Caesar Salad Warm Fruit Cup Bread	26	Meatloaf Baked Potato Capri Vegetables Apple Juice Cookie Dinner Roll	27	Baked Chicken Hash Browns Green Beans Tropical Fruit Pudding Dinner Roll	28	Swedish Meatballs Noodles Peas Carrots Mandarin Oranges Bread	29	Egg Salad Sandwich Potato Soup Cole Slaw Apricots Crackers

Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455 Layman 740-678-8597 Beverly 740-984-4475 New Matamoras 865-2448
All Menus served with choice of milk and bread

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III AND LEVY CLIENTS**