

July 2018

WASHINGTON-MORGAN COMMUNITY ACTION
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Meatball Sub Scalloped Potatoes Italian Blend Peaches	3	Grilled Chicken Salad Fruit Mix Breadsticks Crackers	4	CLOSED Holiday	5	Sausage Gravy Boiled Egg Hashbrowns Mandarin Oranges Grape Juice Biscuit	6	Chicken Tenders Mashed Sweet Potatoes Pasta Salad Sugar Snap Peas Watermelon Vanilla Wafers
9	Baked Chicken Parslied Red Potatoes California Blend Pears Vanilla Wafers Bread	10	Pot Roast Sandwich Potato Soup Beets Apple Crisp	11	Polish Sausage Mashed Potatoes Sauerkraut Peaches Brownie Bread	12	Chef Salad Angel Food Cake with Strawberries Crackers	13	Baked Steak Mashed Potatoes Corn Cantaloupe Dinner Roll
16	Chicken Alfredo Broccoli Peas Banana Bread	17	Hamloaf Hashbrown Casserole Brussel Sprouts Fruit Cocktail Dinner Roll	18	Taco Salad Refried Beans Mandarin Oranges Rice Krispie Treat Tortilla Chips	19	Turkey Dressing Sweet Potatoes Capri Blend Pineapple Bread	20	Choice of Johnny Marzetti or Chef Salad Green Beans Cole Slaw Apple Crunch Cookie
23	Monterey Chicken Baby Bakers Summer Blend Grape Juice Crackers	24	Shredded Chicken Sandwich Baked Beans Potato Salad Cinnamon Peaches	25	Cobb Salad Melon Brownie Crackers	26	Macaroni & Cheese Stewed Tomatoes Peas & Carrots Apple Juice Bread	27	Ham & Cheese Sandwich w/ Lettuce, Tomato & Onion Potato Salad Mixed Fruit
30	Cheeseburger Lettuce, Tomato & Onion Baked Beans Pasta Salad Melon	31	Scrambled Eggs Sausage Hashbrowns Strawberries Grape Juice Pancakes						

Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour
reservation line: Marietta 740-373-3455 Layman 740-678-8597
Beverly 740-984-4475 New Matamoras 865-2448
All Menus served with choice of milk and bread
Don't forget to remind your driver if you are a diabetic

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III AND LEVY CLIENTS**