



August 2018

WASHINGTON-MORGAN COMMUNITY ACTION
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

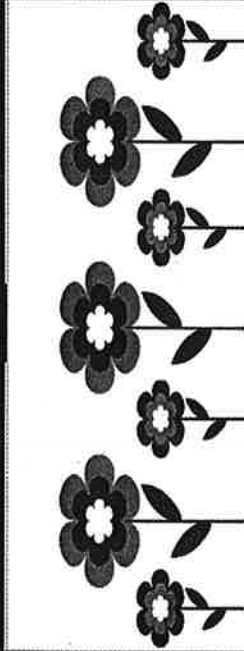
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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|----|--|----|---|----|---|----|--|---|
| 6 | Meatball Sub Scalloped Potatoes Italian Blend Peaches | 7 | Grilled Chicken Salad Fruit Mix Breadsticks Crackers | 2 | BBQ Pork Sandwich Baby Bakers Green Beans Grapes | 3 | Swiss Steak Cheddar Mashed Potatoes Beets Fruit Cocktail Pudding Bread | Spinach Salad Tomato Soup Mandarin Orange Fruit Muffin Crackers |
| 13 | Baked Chicken Parslied Red Potatoes California Blend Pears Vanilla Wafers Bread | 8 | Pot Roast Sandwich Potato Soup Beets Apple Crisp | 9 | Cube Steak Mashed Potatoes Broccoli & Cauliflower Apricots Dinner Roll | 10 | Sausage Gravy Boiled Egg Hashbrowns Mandarin Oranges Grape Juice Biscuit | Chicken Tenders Mashed Sweet Potatoes Pasta Salad Sugar Snap Peas Watermelon Vanilla Wafers |
| 20 | Chicken Alfredo Broccoli Peas Banana Bread | 15 | Polish Sausage Mashed Potatoes Sauerkraut Peaches Brownie Bread | 16 | Polish Sausage Mashed Potatoes Sauerkraut Peaches Brownie Bread | 17 | Chef Salad Angel Food Cake with Strawberries Crackers | Choice of Baked Steak or Chef Salad Mashed Potatoes Corn Cantaloupe Dinner Roll |
| 27 | Monterey Chicken Baby Bakers Summer Blend Grape Juice Crackers | 22 | Hamloaf Hashbrown Casserole Brussel Sprouts Fruit Cocktail Dinner Roll | 23 | Taco Salad Refried Beans Mandarin Oranges Rice Krispie Treat Tortilla Chips | 24 | Turkey Dressing Sweet Potatoes Capri Blend Pineapple Bread | Johnny Marzetti Green Beans Cole Slaw Apple Crunch Cookie |
| | | 29 | Shredded Chicken Sandwich Baked Beans Potato Salad Cinnamon Peaches | 30 | Cobb Salad Melon Brownie Crackers | 31 | Macaroni & Cheese Stewed Tomatoes Peas & Carrots Apple Juice Bread | Ham & Cheese Sandwich w/ Lettuce, Tomato & Onion Potato Salad Mixed Fruit |

Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour
reservation line: Marietta 740-373-3455 Layman 740-678-8597
Beverly 740-984-4475 New Matamoras 865-2448
All Menus served with choice of milk and bread

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of
SNP policy and the Food Code Safety Rules. Please call and cancel if
you will not be home. Thank you. **SUGGESTED DONATION \$3.00**
PER MEAL FOR CONGREGATE, TITLE III AND LEVY CLIENTS