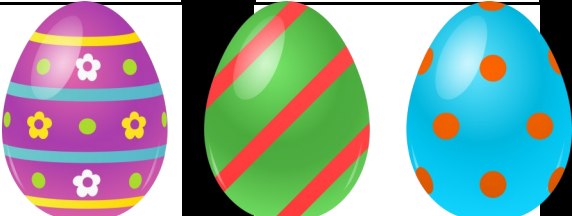
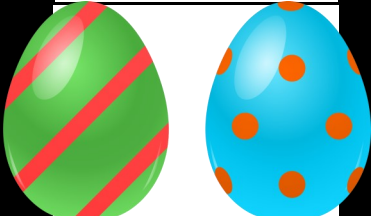

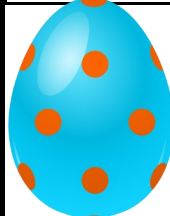


# April 2018

WASHINGTON-MORGAN COMMUNITY ACTION  
SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Chicken Parmesan Tossed Salad Baked Peaches Bread	3	Scrambled Eggs Sausage Diced Potatoes Strawberries Grape Juice Pancakes	4	Turkey Sandwich Cottage Cheese Broccoli Soup Cucumber Tomato Salad Pineapple Crackers	5	Baked Steak Mashed Potatoes California Blend Applesauce Vanilla Wafers Bread	6	Lemon Pepper Chicken Rosemary Red Potatoes Stewed Tomatoes Pears Cookie Dinner Roll
9	Beef Stew Spinach Salad Fruit Cup Pudding Biscuit	10	Chicken with Country Gravy Sweet Potatoes Green Beans Mandarin Oranges Muffin Bread	11	Ham & Bean Soup Potato Salad Grape Juice Applesauce Corn Bread Crackers	12	Polish Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll	13	Macaroni & Cheese Stewed Tomatoes Mixed Vegetables Apple Crisp Bread
16	Chicken & Dumplings Mashed Potatoes Caesar Salad Warm Fruit Cup Bread	17	Meatloaf Baked Potato Capri Vegetables Apple Juice Brownie Dinner Roll	18	Baked Chicken Hash Browns Green Beans Tropical Fruit Pudding Dinner Roll	19	Swedish Meatballs Noodles Peas Carrots Mandarin Oranges Bread	20	Egg Salad Sandwich Potato Soup Cole Slaw Apricots Crackers
23	Sweet & Sour Chicken Rice Oriental Vegetables Parmesan Brussel Sprouts Fruit Juice Bread	24	Sausage Gravy Boiled Egg Hash Browns Mandarin Oranges Grape Juice Biscuit	25	Baked Ham Whipped Potatoes Baby Carrots Pineapple Cookie Bread	26	Rigatoni Lima Beans Green Salad Warm Apples Breadstick	27	Pimento Cheese Sandwich Tomato Soup Cole Slaw Fruit Cocktail Crackers
30	Pork Chop Dressing Whipped Potatoes Pineapple Bread								

Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour  
reservation line: Marietta 740-373-3455 Layman 740-678-8597  
Beverly 740-984-4475 New Matamoras 865-2448  
All Menus served with choice of milk and bread  
Don't forget to remind your driver if you are a diabetic

## REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III AND LEVY CLIENTS**