

Sunday

Monday

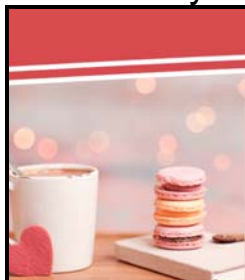
Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

Belpre Senior Center

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
<div style="display: flex; justify-content: space-between;"> 1 2 3 </div>												<p>10am-Table Football 10:30am-ChiliCook-off Super Bowl Party 10:30am-Nickel Bingo 11:45am-Lunch(\$4) 1pm-Cards/Games 3pm-LineDance(\$5)</p>		<p>10am-Bible Discussion Group 11am-Cooking Club Outing 1pm-Movie "The Mountain Between Us" <small>Groundhog Day</small></p>			
<div style="display: flex; justify-content: space-between;"> 4 5 </div> <p>10am-Chi Walking 11am-Tai Chi 11:45am-Stretch and Strength 2pm-Chair Volleyball 5:30pm-Low Impact Aerobics</p>		<div style="display: flex; justify-content: space-between;"> 6 7 </div> <p>11am-Club Meeting 11:45am-Lunch(\$4) 1pm-Cards/Games 6pm-Nickel Bingo</p>		<div style="display: flex; justify-content: space-between;"> 8 9 </div> <p>10am-Chair Volleyball 1pm-Exercise with a Physical Therapist 1pm-Matter of Balance 5:30pm-Low Impact Aerobics</p>		<div style="display: flex; justify-content: space-between;"> 10 11 </div> <p>10am-BP/BS Screening 11am-Benefits of Massage 11:45am-Lunch(\$4) 1pm-Cards/Games 1pm-Bunco 3pm-Line Dance(\$5)</p>		<div style="display: flex; justify-content: space-between;"> 12 13 </div> <p>10am-Bible Discussion Group 11am-Journaling 1pm-Movie "Going In Style"</p>									
<div style="display: flex; justify-content: space-between;"> 11 12 </div> <p>10am-Chi Walking 11am-Tai Chi 11:45am-Stretch and Strength 2pm-Chair Volleyball 5:30pm-Low Impact Aerobics</p>		<div style="display: flex; justify-content: space-between;"> 13 14 </div> <p>11am-Valentine's Day/Birthday Party 11:45am-Lunch(\$4) 1pm-Cards/Games 1pm-Craft <small>Mardi Gras</small></p>		<div style="display: flex; justify-content: space-between;"> 15 16 </div> <p>10am-Chair Volleyball 1pm-Chair Exercise 1pm-Matter of Balance 5:30pm-Low Impact Aerobics <small>Valentine's Day</small></p>		<div style="display: flex; justify-content: space-between;"> 17 18 </div> <p>11am-R. Glenn Ray Author/Storyteller 11:45am-Lunch(\$4) 1pm-Cards/Games 3pm-Line Dance(\$5) 6pm-Bingo <small>Chinese New Year</small></p>											
<div style="display: flex; justify-content: space-between;"> 18 19 </div> <p>10am-Chi Walking 11am-Tai Chi 11:45am-Stretch and Strength 2pm-Chair Volleyball 5:30pm-Low Impact Aerobics <small>Presidents' Day (US)</small></p>		<div style="display: flex; justify-content: space-between;"> 20 21 </div> <p>10am-BP Screening 10:30am-Nickel Bingo 11:45am-Lunch(\$4) 1pm-Cards/Games</p>		<div style="display: flex; justify-content: space-between;"> 22 23 </div> <p>10am-Chair Volleyball 1pm-Chair Exercise 1pm-Matter of Balance 5:30pm-Low Impact Aerobics</p>		<div style="display: flex; justify-content: space-between;"> 24 25 </div> <p>11am-Fall Prevention 11:45am-Lunch(\$4) 1pm-Cards/Games 1pm-Bunco 3pm-Line Dance(\$5)</p>		<div style="display: flex; justify-content: space-between;"> 26 27 </div> <p>10am-Bible Discussion Group 11am-Journaling 1pm-Movie "O' Brother, Where Art Thou?"</p>									
<div style="display: flex; justify-content: space-between;"> 25 26 </div> <p>10am-Chi Walking 11am-Tai Chi 11:45am-Stretch and Strength 2pm-Chair Volleyball 5:30pm-Low Impact Aerobics</p>		<div style="display: flex; justify-content: space-between;"> 27 28 </div> <p>10am-BP Screening 11am-Recognizing Fraud 11:45am-Lunch(\$4) 1pm-Cards/Games</p>		<div style="display: flex; justify-content: space-between;"> 29 30 </div> <p>10am-Chair Volleyball 1pm-Chair Exercise 1pm-Matter of Balance 5:30pm-Low Impact Aerobics</p>		<p>"Let us always meet each other with a smile, for a smile is the beginning of love." Mother Theresa</p>											