

MAY • JUNE
2018

ONEILL Center

A Unit of the National Council on Aging



HELPING AREA SENIORS LIVE HIP: HEALTHY, INDEPENDENT AND PRODUCTIVE

The
Laundry
Project

Happy
Father's
Day

May is Older
Americans
Month

ONEILLCENTER.COM



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Find us on 
www.facebook.com/oneillcenter

A Unit of the National Council on Aging



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May is Older Americans Month

When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthdays. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing, however. In April of 1963, President John F. Kennedy's meeting with the National Council of Senior Citizens served as a prelude to designating May as "Senior Citizens Month." Thanks to President Jimmy Carter's 1980 designation, what was once called Senior Citizens Month, is now called "Older Americans Month," and has become a tradition.

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. Every President since JFK has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, and other activities.

This year's theme "Engage at Every Age" aligns with O'Neill's mission which is to help area seniors live HIP: Healthy, Independent, and Productive lives. While that mission continues year round, O'Neill plans to celebrate Older Americans Month by inviting you to a special evening event which will host a mini health fair and a lively evening of bingo with door prizes. Look for full details inside and plan to join us on May 21. We hope you will join us as we celebrate and find ways to Engage at Every Age—and the whole year through.





To book a trip or for complete details on upcoming trips please contact the O'Neill Center at 373-3914.

O'Neill Center wishes to show our appreciation to Kris-Mar Inc., for the use of their Frontier Shopping Center parking lot, and extend our appreciation to Warren's IGA Corp. for allowing us to use the former Food 4 Less parking area. Without the donation of these parking areas our charter bus travel would not be possible.

Savannah, Georgia, May 7-11 - \$775

5 day, 4 nights – 2 evening receptions at hotel, 2 dinners to include The Pirate's House, guided tour of Historic Savannah, performance at the Savannah Historic Theater, trolley tour of Jekyll Island, tour of St. Simon Islands and the lighthouse, visit and shopping along River Street.

Wheeling Island, May 23 - \$38

Includes bus fare and free slot play.

Cuyahoga Scenic National Park Train Ride, June 20 - \$68

Board the train at the Akron depot and ride through the national park with the stop at Peninsula, Ohio for lunch and shopping on your own.

Old England and Wales Tour, July 16 - \$120

Amish shopping, morning brunch tea, Hanoverton tour, lunch at Spread Eagle Tavern, and tour Glamorgan Castle.

Meadows Casino, July 23 - \$40

Includes transportation and free play on slot machines.

Ohio Star Theater musical and concert- August 8-9 - \$250, includes motor coach transportation into Amish county with a little shopping time, evening Family style dinner, concert of the Collingsworth Family, overnight in the Carlisle Inn, light lunch on Thursday with the musical "Half-stitched after lunch. Return to Marietta after a fun filled 2 days.

Scioto Downs Casino, August 15 - \$40, includes transportation and free slot play.

Branson, Missouri, September 10-15 - \$989 per person double occupancy 6 days, 5 nights, 1 lunch at Throed Rolls Lambert's Café, 5 fabulous shows, visit the Gateway Arch, tour St. Louis, and visit to the Anheuser-Busch Brewery.

Grand Canyon, October 27- November 2 - \$2100 per person double occupancy Arrive at Las Vegas and enjoy 3 nights at this hotel, with a managers reception, 2 nights hotel accommodations in Flagstaff, AZ; 1 night in Phoenix, AZ. Enjoy a scenic train ride and visit to the Grand Canyon, Visit Hoover Dam, Red Rock Canyon, guided tour of Sedona, AZ, and explore the quaint town of Scottsdale, AZ. Round trip airfare and transportation to the airport included.

Biltmore Estate, Asheville, NC, December 5-7 - \$430 per person double occupancy Includes, Holiday Dinner at the Biltmore Estate, Candlelight tour of the Biltmore, gingerbread house competition, tasting at the Biltmore Estate Winery, Ashville Christmas Wonderland Lights display.

2019 Rhine River Cruise on Viking's Longship "Eir"

Limited cabins, call Nancy for pricing and dates

**Dates and some pricing may change due to availability. A deposit on any trip will hold your space, all final payments are due 6 weeks before the trip takes place.*

FITNESS & DANCE

Fun & Fit (\$12/month)

Mondays, Wednesdays, & Fridays
11:30 a.m.-Noon

Basic Steps of Line Dance (\$5/class)

Tuesdays Beginners 9:30-10:30 a.m.

Thursdays Beginners 6:30 p.m.

Thursdays Intermediate 7:30 p.m.

Square Dance (\$5/class)

Beginners - Tuesdays, 7 p.m.

Chair Volleyball (Free)

Mondays, Wednesdays, & Fridays
10-11 a.m.

POUND (\$5/class or \$25/6 class pass)

Wednesdays, 1 p.m.

Tai Chi Wednesdays, 2:30pm, Free

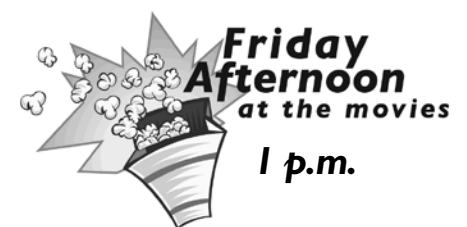
Zumba Tuesdays & Thursdays,

5:45 p.m., \$25 for 6 classes

Chi Walking Free

Wednesdays, 3:30 p.m.

Tap-N- Burn (\$5/class or \$25/6 class pass) Fridays, 1 p.m.



O'Neill Center

Sponsored by Heartland of Marietta

May 4 Victoria & Abdul **PG-13**

May 11 Paris Can Wait **PG**

May 18 Dunkirk **PG-13**

May 25 Darkest Hour **PG-13**

June 1 The Post **PG-13**

June 8 The Greatest Showman **PG-13**

June 15 Cirque du Soleil:Alegria **PG**

June 22 Cirque du Soleil:
Midnight Sun

June 29 Cirque de Soleil:
Worlds Away **PG**

Events

O'Neill Center

Broughton Computer Lab

Open to seniors:

Mon, Tues, and Thurs: 8 a.m.-7 p.m.

Wed and Fri: 8 a.m.-4 p.m.

Closed holidays. Call the O'Neill Center for our schedule of upcoming computer classes.

Table Games

Bridge: Tuesdays at 1 p.m.

Euchre: Wednesdays at 1 p.m.

Senior Bingo: Thursdays at 9:45 a.m. and 3rd Monday at 5 p.m.

Hand & Foot Cards: Thursdays at 1 p.m.

Matter of Balance

Beginning 15th • 2:30-4:30 p.m.

Don't let your fear of falling keep you from enjoying activities. This evidence based program, was developed through a grant from the Administration on Aging and developed by the Ohio Department of Aging. This 8 week program helps older adults reduce their fear of falling, thereby enhancing activity levels. Falls are not a normal part of aging, and most falls can be prevented! The class is free and open to the public. Please call to register as class size is limited. A free dinner will be provided prior to each class.

The Laundry Project

May 17 • 1 p.m.

O'Neill is partnering with RSVP's Homeless Project to help sew laundry bags for the Laundry Project. We need your skill and creativity to make laundry bags for this project. 8-10 loads of laundry is a lot of clothes and linens that need to make it out of your home, into a car, into a laundromat, back into a car, and back into your home. Many families use trash bags to transport clothes, and the bags often tear and stretch easily, so a cloth laundry bag is a great alternative, and can be washed and reused too! We have three sewing machines but you can bring your own if it's easy to

Celebrate Older American's Month this May

May 21 • 3 p.m. - 5 p.m.

Engage at Every Age- Older Americans Month is a great time to show the world you are never too old (or too young) to enrich your life and your community. This year, we want to see how you stay engaged so that you can help inspire others to do the same. Snap a selfie or have someone take your picture participating in activities that improve your mental and physical well-being. We will post these photos after they have been sent to our email address, and hold an event on May 21st, 3pm-5pm. We will award 1st, 2nd, & 3rd places prizes for the best liked selfie. Of course we will be serving snacks. We have invited health care providers from our community to share their services with you for this mini Health Fair. They will have many give for you to pick up while browsing their displays along with refreshments.

transport. Also, we have lots of fabric, but again, if you want to bring some that also would work. Come ready to cut and sew. All sewing is just straight seams. We could use cords to make the draw string for the bags. Call to show interest and plan to join us for this worthwhile project!

Summer Skin Care and Protection

May 7 • 5 p.m.

Kristy Vernon, representative of Lemongrass Spa, will present a line of products that will help protect skin from the summer sun rays. This is an all-natural line of defense for treating your body. Organically grown, steam distilled pure essential oils with natural colorants such as beet juice powder and carrot juice, fruit extracts and therapeutic and hydrating oils and butters. Healthy snacks will be available. Please call to show interest for attendance.

Wine & Canvas Painting Class

May 14 • 6 p.m.



Enjoy another painting by Ginny Brown of Southeast Ohio Wine & Canvas!

We will have everything ready for you, including an apron, easel, painting & brushes. We will even do the cleanup. \$40 covers your finished product to take home and evening snacks. Prepay and registration is a must.

Genealogy Workshop

May 21 • 1 p.m.

Have you ever wondered where you came from? Or who your ancestors were? Discovering your genealogy is easier than you think. Start your genealogical journey: build your family tree or search your last name on Ancestry, the largest online genealogy resource. Resources to use internet will be discussed and a visit to the Washington County Public Library Genealogy department will follow.

Holiday of the Month, Father's Day

June 4 • 5 p.m.

Nothing says "Dad" like baseball, hot dogs, and apple pie, so come spend the evening with friends.

Painted Wood Shelf

June 11 • 6-9 p.m.

Ginny Brown brings us a new craft this month. A stained and stenciled wood shelf. Cost of \$40 includes all stain, preassembled solid wood shelf and 2 hooks, plus you get to choose your stain color and the stencil from her many options. Pre paid reservations are a must so please call in your registration today.



Orion Constellation

June 25 • 1 p.m.

For a millennia, people have wondered about the origin of the sun and planets. Dr. Fischer shows us how studies, with a variety of space telescopes – including Hubble, Spitzer, and Herschel – are contributing to the understanding of star formation in Orion.

O'Neill Senior Singers

First & Fourth Wednesdays • 1 p.m.

This group of volunteers spread their cheerful voices to all area Senior Living Homes and practices at the O'Neill Center the first and fourth Wednesday each month at 1 p.m. Please call for more information on becoming part of this volunteer group. All ages are welcome.

Blood Pressures

May 14, June 11 & June 25 • 11a.m.

2nd & 4th Monday of each month
By Stonerise: May 14 & June 11
By Interim: June 25

Ten Touchstones of Grief & Mourning for all Losses

May 2 & June 6

Wednesdays • 1 p.m.

Ten Touchstones of Grief & Mourning for Widows & Widowers

May 16 & June 20

Wednesdays • 1 p.m.

Grief support groups sponsored by Marietta Hospice, led by BRV Coordinator Kent Lowther

Alzheimer's Support Group

Thursdays • 2:30 p.m.

May 3 & June 7

This group provides emotional, educational, and social support for caregivers through regular scheduled meetings. Participants develop skills to solve problems faced when caring for someone with Alzheimer's. Groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimal care for the person with dementia.

Holiday of the Month, Father's Day

Monday, June 4 • 5 p.m.

Nothing says "Dad" like baseball, hot dogs, and apple pie, so come spend the evening with friends. There will be a baseball game played with prizes for winners. Hotdogs, chips and apple pie will be served. But it's not just for the men, ladies are welcome to attend and join in the fun! This monthly evening holiday party is sponsored in part by Interim Healthcare. Please call for registration.

**HAPPY
FATHER'S
DAY**

Book Club Meeting

Tuesday • 10 a.m.

Sponsored by Washington County Public Library

May 15: Reading *Little Woman* by Louisa May Alcott

June 19: a sharing month

Evening Bingo • 5-7 p.m.

May 21: sponsored by Interim Healthcare

Monday, June 8: sponsored by Marietta Center Genesis

Lunch Bunch • 11:30 a.m.

May 25 & June 22

Meeting at area restaurants
It's important to call O'Neill Center so we can give them an advanced count.

May 18th: Rt. 60 Diner, Lowell, OH

June 15th: Huck's Family Market, Muskingham Dr. Marietta, OH

Mystry Game Night Party

June 25 5:00 p.m.

Come into the O'Neill Center an evening of games, fun and snacks. Bring your friend to make this evening a regular on our calendar.

Tai Chi

Wednesdays • 2:30 p.m.

For many seniors seeking a way to get low-impact exercise that improves health and requires no special equipment, Tai Chi is an excellent solution. Because Tai Chi can be done indoors or out, and as a group activity or by yourself, it suits both people who like to work out alone at home and those who prefer to get their exercise in a social setting.

Chi Walking

Wednesdays • 3:30 p.m.

The Chi Walking program is an exciting, new approach to creating health, fitness and well-being through walking. Chi Walking blends walking with the inner focuses of Tai Chi, the ancient Chinese martial art proven to increase balance, strength, and mental focus. Walking is the ideal way to get and stay fit. With the Chi Walking program you'll be able to walk faster and farther with less effort. You'll slim down and get stronger and more centered with every workout.

Ohio Valley Hearing Professional Hearing Services

May 3: Cleaning

June 4: Hearing Test

Both beginning at 12 p.m.

Have your hearing needs met each month. Bringing us this free service monthly is the Eye MD's. Hearing aid cleanings are the first Thursday and the hearing test is the first Tuesday. Please call for an appointment time offered between Noon and 2pm.

Red Hatters Events

May 24 & June 28

Newly organized with exciting events planned. Holding events the fourth Thursday of each month.

Monthly Billiard Tournaments

Join a fun group of gentlemen for a billiard tournament every **1st**

Thursday, 1p.m. Then on the **2nd**

Friday after Men's breakfast the men will hold another tournament.

May

O'Neill Center

Monday




DON'T MISS BOOM FEST!

May 18 at
Peoples Bank Theatre!

Tuesday

1
9:30 Line Dance
10:00 Bible Study
12:30 Bridge
5:45 Zumba
7:00 Square Dance

Wednesday

2
8:30 Blood Sugar
Screening
10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Euchre
1:00 Ten Touchstones of
Grief for all Losses
1:00 POUND
1:00 Senior Singers
2:30 Tai Chi
3:30 Chi Walking

Thursday

3
8:30 Bingo Breakfast
8:30 Blood Sugar Screening
by Comfort Keepers
9:45 Bingo
12:00 Hearing Aid Cleaning
12:30 Hand & Foot
1:00 Billiard tournament
1:00 Knitting Group
2:30 Alzheimer's Support
Group
5:45 Zumba
6:30 Line Dance

Friday

4
9:30 MassageAppointments
10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Tap & Burn
1:00 Afternoon @ the
Movies - Victoria &
Abdul

7

10:00 Chair Volleyball 
11:30 Fun & Fit
5:00 Summer Skin Care
and Protection

8

9:30 Line Dance
10:00 Bible Study
12:30 Bridge
5:45 Zumba
7:00 Square Dance

9

9:00 Quilt group
11:00 Senior Club Potluck
1:00 Euchre


10

8:30 Snacks by
Marietta Center
9:45 Bingo
12:30 Hand & Foot
1:00 Knitting Group
5:45 Zumba
6:30 Line Dance

11

8:30 Men's Breakfast &
Tournament
9:30 Massage Appointments
10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Tap & Burn
1:00 Afternoon @ the
Movies - Paris Can
Wait


14

9:00 Manicure&Pedicures
10:00 Chair Volleyball 
11:00 Blood Pressure by
Stonerise at Home
11:30 Fun & Fit
6:00 Wine & Canvas
Painting class

15

9:30 Line Dance
10:00 Bible Study
10:00 Book Club Reading
12:30 Bridge
2:30 Matter of Balance
5:45 Zumba
6:00 Stampin Up
7:00 Square Dancee


16

9:00 Quilt group
10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Euchre
1:00 Ten Touchstones of
Grief for Widows &
Widowers
1:00 POUND
2:30 Tai Chi
3:30 Chi Walking

17

8:30 Snacks by Heartland
9:45 Bingo
11:30 Red Hat
12:30 Hand & Foot
1:00 The Laundry Project
1:00 Knitting Group
5:45 Zumba
6:30 Line Dance

18

9:30 MassageAppointments
10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Afternoon @ the
Movies - Dunkirk
1:00 Tap & Burn


21

11:30 Fun & Fit
10:00 Chair Volleyball 
1:00 Geneology Workshop
3:00 Mini Health Fair
5:00 Evening Bingo

22

9:30 Line Dance
10:00 Bible Study
12:30 Bridge
2:30 Matter of Balance
5:45 Zumba
7:00 Square Dance

23

10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Euchre
1:00 POUND
1:00 Senior Singers
2:30 Tai Chi

24

8:30 Snacks by Brookdale
9:45 Bingo
12:30 Hand & Foot
1:00 Knitting Group
5:45 Zumba
6:30 Line Dancee

25

10:00 Chair Volleyball 
11:30 Fun & Fit
11:30 Lunch Bunch
1:00 Afternoon @
the Movies - Darkest
Hour
1:00 Tap & Burn

28




Center Closed for
Memorial Day

29

9:30 Line Dance
10:00 Bible Study
12:30 Bridge
2:30 Matter of Balance
5:45 Zumba
7:00 Square Dance

30

10:00 Chair Volleyball 
11:30 Fun & Fit
1:00 Euchre
1:00 POUND
2:30 Tai Chi
3:30 Chi Walking

31

8:30 Snacks by Glenwood
9:45 Bingo
12:00 Hand & Foot
1:00 Knitting Group
5:45 Zumba
6:30 Line Dance



Monday

Tuesday

Wednesday

Thursday

Friday



ORION CONSTELLATION - JUNE 25 • 1 P.M.

For a millennia, people have wondered about the origin of the sun and planets. Dr. Fischer shows us how studies, with a variety of space telescopes—including Hubble, Spitzer, and Herschel—are contributing to the understanding of star formation in Orion.

- 9:30 Massage Appointments
- 10:00 Chair Volleyball
- 11:30 Fun & Fit
- 1:00 Afternoon @ the Movies - The Post
- 1:00 Tap & Burn

- 4**
- 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 5:00 Holiday of the Month, Father's Day

- 5**
- 9:30 Line Dance
 - 10:00 Bible Study
 - 12:30 Bridge
 - 2:30 Matter of Balance
 - 5:45 Zumba
 - 7:00 Square Dance
 - 12:00 Hearing Test

- 6**
- 8:30 Blood Sugar screening
 - 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 1:00 Euchre
 - 1:00 Ten Touchstones of Grief for all Losses
 - 1:00 POUND
 - 1:00 Senior Singers
 - 2:30 Tai Chi

- 7**
- 8:30 Bingo Breakfast
 - 8:30 Blood Sugar screening by Comfort Keepers
 - 9:45 Bingo
 - 12:30 Hand & Foot
 - 1:00 Billiard tournament
 - 1:00 Knitting Group
 - 2:30 Alzheimer's Support Group
 - 5:45 Zumba
 - 6:30 Line Dance

- 8**
- 8:30 Men's Breakfast & Tournament
 - 9:30 Massage Appointments
 - 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 1:00 Afternoon @ the Movies - The Greatest Showman
 - 1:00 Tap & Burn

- 11**
- 9:00 Manicure & Pedicures
 - 10:00 Chair Volleyball
 - 11:00 Blood Pressure by Stonerise at Home
 - 11:30 Fun & Fit
 - 6:00 Painted Wooden Shelf

- 12**
- 9:30 Line Dance
 - 10:00 Bible Study
 - 12:30 Bridge
 - 2:30 Matter of Balance
 - 5:45 Zumba
 - 7:00 Square Dance

- 13**
- 9:00 Quilt group
 - 11:00 Senior Club Potluck
 - 1:00 Euchre
 - 3:30 Chi Walking

- 14**
- 8:30 Snacks by Marietta Center
 - 9:45 Bingo
 - 12:30 Hand & Foot
 - 1:00 Knitting Group
 - 5:45 Zumba
 - 6:30 Line Dance

- 15**
- 9:30 Massage Appointments
 - 10:00 Chair Volleyball
 - 1:00 Afternoon @ the Movies - Cirque du Soleil Alegria
 - 1:00 Tap & Burn
 - 11:30 Fun & Fit

- 18**
- 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 5:00 Evening Bingo

- 19**
- 9:30 Line Dance
 - 10:00 Bible Study
 - 10:00 Book Club Sharing
 - 12:30 Bridge
 - 2:30 Matter of Balance
 - 5:45 Zumba
 - 7:00 Square Dance
 - 6:00 Stampin Up

- 20**
- 9:00 Quilt group
 - 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 1:00 Euchre
 - 1:00 Ten Touchstones of Grief for Widows & Widowers
 - 1:00 POUND
 - 2:30 Tai Chi
 - 3:30 Chi Walking

- 21**
- 8:30 Snacks by Heartland
 - 9:45 Bingo
 - 11:30 Red Hat
 - 12:30 Hand & Foot
 - 1:00 Knitting Group
 - 5:45 Zumba
 - 6:30 Line Dance

- 22**
- 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 11:30 Lunch Bunch
 - 1:00 Tap & Burn
 - 1:00 Afternoon @ the Movies - Cirque du Soleil Midnight Sun

- 25**
- 10:00 Chair Volleyball
 - 11:00 Blood pressure by Interim
 - 11:30 Fun & Fit
 - 1:00 Orion Constellation
 - 6:00 Mystery Game Night

- 26**
- 9:30 Line Dance
 - 10:00 Bible Study
 - 12:30 Bridge
 - 2:30 Matter of Balance
 - 5:45 Zumba
 - 7:00 Square Dance

- 27**
- 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 1:00 Euchre
 - 1:00 POUND
 - 1:00 Senior Singers
 - 2:30 Tai Chi

- 28**
- 8:30 Snacks by Brookdale
 - 9:45 Bingo
 - 12:30 Hand & Foot
 - 1:00 Knitting Group
 - 5:45 Zumba
 - 6:30 Line Dance

- 29**
- 10:00 Chair Volleyball
 - 11:30 Fun & Fit
 - 1:00 Tap & Burn
 - 1:00 Afternoon @ the Movies - Cirque de Soleil Worlds Away



Proceeds benefit the O'Neil Center

Friday, May 18, 2018
7-10 p.m. at Peoples Bank Theatre

GET YOUR TICKETS AT THE BOX OFFICE WINDOW
between 10 am & 4 pm
or online at peoplesbanktheater.com

Meet the Artists:

CHASITI MURPHY 19 years old and a 2017 graduate from Waterford, Ohio. Chasiti has been singing since she was able to talk and has continued to follow her love for music throughout her whole life. She has been in several talent shows, choir concerts and anything associated with music! She is currently a child care provider at Sandhill Childcare in Reno, Ohio and plans to go to college to get a bachelor's degree in Early Childhood Education to become a Kindergarten teacher. "Although, no matter what I pursue in life...music and singing will always be a part of me, wherever life takes me," says Chasiti.



JOHN KUNZE A local country music singer/songwriter originally from Parkersburg, WV and currently living in Belpre, Ohio. John is the 2016 West Virginia/Ohio State winner of the local and state rounds of the country's largest country music competition, the Country Showdown. His musical influence comes from his love of the outdoors, hard work, friends and family. John's favorite part of playing music is meeting new people, which he considers friends and listening to their stories and experience. John is also a new Nashville recording artist with plans to release his first CD into the national country music market in 2018.



THE STEVE HUSSEY BAND Steve is a singer/songwriter and producer from Washington, West Virginia. Steve has been playing professionally for almost 20 years in various bands including Stuck on Amber, The Steve Hussey Band, and Luvbox. He has entertained at clubs, fairs and festivals, and private parties all over the east coast. He bought a Yamaha FG acoustic guitar and an Eagles book of chords when he was 19. The rest, as they say, is history. He has since released four albums on his own label, Merf Records, over the years—two with his eponymous band the Steve Hussey Band, and one EP with his rock alter ego LuvBox.

